



# WINTER<sup>3</sup> FORUM<sup>20</sup>

*Together for success!*

February 21<sup>st</sup>-23<sup>rd</sup>  
Grand Hotel Italia  
Cluj-Napoca, Romania

## WELCOME

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*Dear participant,*

As chairmen and on behalf of the organizers, Romanian Society of Obstetrics and Gynecology in collaboration with Fertility Section of Polish Gynecological Society, it is our honour to welcome you at Regional Winter Forum which will be held in February 21st-23rd, 2013 in Cluj-Napoca, Romania.

This is the fourth Winter Forum and will set up an evidence-based medicine platform to discuss specialized issues in Infertility and to share experience, with emphasis on maximizing live birth rates.

The meeting promises the finest scientific program, including lectures and workshops, that will provides clinicians and embryologists with an insight and take-home messages that will fill out their knowledge and improve their daily practice.

We look forward to seeing you in Regional Winter Forum 2013, at what we believe will be an outstanding scientific event!

Sincerely,

Prof. Florin Stamatian  
*President of Romanian Society  
of Obstetrics and Gynecology*

Prof. Paul Devroey

Prof. Rafal Kurzawa  
*President of Fertility Section of  
Polish Gynecology Society*

# Forum Information

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## Date of conference

Friday, February 22, 2013

Saturday, February 23, 2013

**The official language of Regional Winter Forum 2013 is English.**

## Information desk

Will be opened in the foyer of Grand Hotel Italia with the following schedule:

Thursday, February 21: 12.00 – 20.00

Friday, February 22: 07.30 – 08.30

Saturday, February 23: 07.30 – 08.30 and 17.30 – 18.30

## Accreditation

Regional Winter Forum 2013 was granted 12 European CME credits (ECMEC) by the European Accreditation Council for Continuing Medical Education (EACCME).

## Dress code

Clothing for the conference is business-casual.

## Forum sessions

The sessions will be held in Vivaldi-Verdi Room, Grand Hotel Italia. The Embryology Workshop, on February 22, will be held in Toscanini Room, Grand Hotel Italia.

## Badges

All delegates are required to wear identification badges when attending sessions and social events. If you lose your badge, please go to the Information Desk where a new badge will be prepared for you.

## Certificate of attendance

Please visit the Information desk to collect your certificate of attendance on Saturday, February 23, between 17.30 and 18.30.

## Mobile phones

As a courtesy to speakers and delegates, all mobile phones must be switched off before entering the session hall.

## Lunch and refreshments

Coffee breaks and lunches will be served in the foyer.

## Social Programme

All delegates are invited to attend Gala Dinner in Grand Hotel Italia, on February 23, from 20.00. Please note that all delegates should wear their identification badge for admittance to Gala Dinner.

## EVIDENCE BASED MEDICINE IN INFERTILITY, FROM CLINICAL STUDIES TO INDIVIDUALS

**Thursday, Feb 21**

19.45 **Opening ceremony**

*Florin Stamatian*

*Rafal Kurzawa*

*Paul Devroey*

20.00 **Welcome Dinner**

**Friday, Feb 22**

### **Session I – Evidence-based medicine**

**Chairmen: Paul Devroey (Belgium), Florin Stamatian (Romania)**

- 08.30 – 08.55 Understanding evidence  
*Hans Evers (The Netherlands)*
- 08.55 – 09.20 Embryo quality and implantation  
*Soren Ziebe (Denmark)*
- 09.20 – 09.45 MEGASET: An ART Trial with new clinical approaches  
*Bulent Urman (Turkey)*
- 09.45 – 10.00 Panel discussions
- 10.00 – 10.30 **Coffee break**

### **Session II – From consensus meetings to clinical practice**

**Chairmen: Peter Platteau (Belgium), Soren Ziebe (Denmark)**

- 10.30 - 10.55 Assessing embryo competence - finding a common language  
*Basak Balaban (Turkey)*
- 10.55 - 11.20 AMH and others markers – practical guidelines for treatment decision  
*Krzysztof Lukaszuk (Poland)*
- 11.20 – 11.45 Therapeutic strategies in poor ovarian reserve - from evidence to clinical practice - *Laura Dracea (Romania)*
- 11.45 – 12.10 Ovarian endometriosis and ovarian reserve - the role of surgery  
*Koray Elter (Turkey)*
- 12.10 – 12.30 Panel discussions
- 12.30 - 13.30 **Lunch**

## Ovarian endometriosis and ovarian reserve: The role of surgery

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### Biography



**KORAY ELTER**  
Professor

Trakya University  
Edirne, Turkey

Professor Koray Elter graduated, then specialized in Obstetrics and Gynecology at Istanbul University Cerrahpasa (Education in English) in 1998. He worked as Clinical Research Fellow in Reproductive Endocrinology and Infertility at University of Illinois, Chicago, USA, then at Marmara University School of Medicine, Istanbul, Turkey.

Now Dr. Koray Elter is Professor and Head of the Department of REI and IVF Center at Trakya University Dept. of Ob/Gyne, Edirne, Turkey.

His major clinical interests are endometriosis and polycystic ovary syndrome in infertility treatment.

He has authored or co-authored more than 30 published papers and articles.

### Abstract

Based on the uncontrolled studies evaluating the impact of laparoscopic treatment of ovarian endometriotic cysts on post-operative reproductive performance, (which show that pregnancy rates vary from 30% to 67%), surgery has been performed commonly for endometriomas. However, there is growing and consistent evidence demonstrating that ovarian reserve is affected following surgical excision of ovarian endometriomas. Therefore, evaluation of ovarian reserve is elementary while making any decision about surgery for endometriomas. However, the causes surrounding this damage, whether primary or secondary, is controversial. There is important evidence supporting the view that the damage may in part precede the operation. Using pathological sections of the ovarian cortex surrounding ovarian benign neoplasms, several authors found a reduced follicular number and activity antecedent to surgery in endometriomas, suggesting that the disease per se may be detrimental to the ovary. Data on spontaneous ovulation in unoperated women with monolateral endometriomas tend to confirm these findings. The data from recent studies, which have evaluated the ovarian responsiveness to hyperstimulation during IVF, suggest no deleterious effect of endometrioma on ovarian reserve. When the effect of endometrioma surgery on ovarian reserve is analyzed, despite some inconsistencies, the following conclusions can be drawn:

- 1) ovarian responsiveness is reduced in ovaries that underwent stripping;
- 2) Ablative surgery may be less harmful to the follicular reserve;
- 3) Endometrioma surgery needs expertise.